

Class Times

These times don't suit? **Please ask!**

We will look to see how we can accomodate your time needs.



	Physiotherapy Exercise Class	Core Strength Exercise Class	Hydrotherapy Class*	Balance Class	Chronic Disease Exercise Class
Warwick	Tues - 10am Thurs - 10am	Mon - 5.30pm Tues - 4pm Wed - 4pm (Men Only) Thurs - 9am, 4pm, 5.30pm	Tues - 1.30pm, 2.15pm Thurs - 1.30pm *All at WIRAC	Wed - 2pm	Mon - 10.30am Wed - 10.30am Fri - 10.30am
Stanthorpe CDS		Wed - 10am		Wed - 11am	

Book Online Now
www.thephysiocentre.com.au/book-online



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Ph 4661 5577

Stanthorpe CDS
15 Hilton Street, Stanthorpe
Ph 4661 5577

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